



Dear Residents, Family and Friends:

Hello! My name is Lori Foust, I am the Marketing Director and Admission Coordinator of The Bradford County Manor Nursing and Rehabilitation Center. How many of you reading this remember the gentlemen who sat outside and waved as you drove by? Have you either worked here or know someone that has? I have been reading about the history of The Bradford County Manor and would like to share a brief overview with you: The property where we are located was purchased by the County in 1879, and an "Almshouse" (financed home for the poor) was erected in 1880. The original building burned in 1938, and the current building was constructed in 1941, with all additions completed by 1985.

With the implementation of Public Assistance and Medicare, The Bradford County "Home" transitioned from being a home to care for the indigent to a skilled nursing facility. Up until the mid 1970's, The Bradford County Manor was a very successful working farm, with residents and employees helping out with daily chores. A few of our current employees can recall helping out in the garden and working in the barn.

The 80's brought changes, an administrator was hired and the labor force was divided into departments such as Nursing, Social Services, Activities, etc. Renovations and updates to the building and grounds continued through to the present.

For well over 125 years The Bradford County Manor has provided vital services to the community; from being known as the "poor" house to the quality skilled nursing facility we are today, our mission is to serve the needs of our residents and families. As a commitment to the community, we now offer out-patient therapy services and a community fitness center.

Inside are some memories that a few people had about working at The Bradford County Manor.

I would like to encourage you to stop in and see for yourself why I am proud of the Bradford County Manor and the services it provides.

Sincerely,

Lori Foust
Marketing Director/Admission Coordinator

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Thomas Finucane
Interim Administrator

Tammy Donovan
Director of Nursing

Steve Gates
Controller

Vance Good, MD
Medical Director

Connie Taylor
Assistant Director of Nursing

Edie Smith
Recreational/Volunteer Director

Pat Voorhees/Lori Foust
Admission Coordinator

Lori Koch
Social Service Director

Chris McDuffee
Food Service Manager

Lesa Sampson
Housekeeping/Laundry Director


Carol Sue McNeal
Personnel Assistant

Stephanie Parks
Medical Records Director

John Hurlburt
Maintenance Supervisor

Chrissy Moore
Stepping Stones Rehab

Lorelei Colton
HIPAA Compliance Officer



Years at The Manor

Diane Taber	02/01/1999
Teresa Schneider	02/12/2001
Lori Koch	02/27/2001
Barbara Powlison	02/19/2002
Jackie McCoon	02/03/2003
Lori Foust	02/02/2004
Crystal Bristol	02/14/2007
Georgeanna Dunbar	02/14/2007
Angela Schnell	02/14/2007
Robin Hill	02/21/2007
Anna Marie Wiley	02/21/2007
Cheryl Wooster	02/21/2007



Laundry Department

Just a note to let you know, items we have with nowhere to go. If there's something you can claim, give us a call. We will be glad to put your name on it.

1. Blue knit shaw
2. Mauve sleeveless knit top
3. Red button up sweater
4. Yellow and Blue turtleneck sweater
5. Greenish Gray pullover knit sweater
6. Black V-neck pullover sweater
7. Blue with White and Black stripes button-up sweater
8. Purple pullover sweater
9. Gray button-up sweater (size M)
10. Green pullover sweater (size M)
11. Blue and Gray button-up sweater
12. Turquoise pullover sweater (size M)
13. Black button-up sweater (XL)
14. Blue Button-up sweater (XL)
15. Gray sweatshirt (L)
16. Black zip-up jacket (size XL)
17. White jacket (one size fits all)
18. White short sleeve blouse with Blue and Peach flowers (L)
19. Pink short sleeve blouse with Red and White flowers
20. Black V-neck blouse (size M)
21. Blue V-neck 3/4 sleeve
22. Pink short sleeve blouse (L)
23. Blue and Black jacket liner
24. Tan jacket with mesh section across back shoulders
25. Green long sleeve blouse (size L)
26. Blue short sleeve button-up blouse (size M)
27. Pink turtleneck blouse (size L)
28. Multi-colored striped short sleeve pullover blouse (size L)
29. Blue turtleneck blouse
30. Black turtleneck blouse (size L)

Several small articles, Socks, Undergarments, etc....

Thank You

Laundry Department extension # 3045

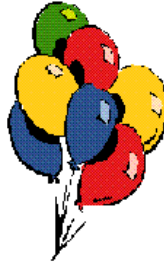
Lesa Sampson, HK/ Laundry Director



Happy

Residents Celebrating February Birthdays

Josephine Bailey	Feb. 01
Catherine Trippler	Feb. 02
Bette Allen	Feb. 05
Margaret Ghanoux	Feb. 07
William Knapp	Feb. 07
Louise Manning	Feb. 07
John Orr	Feb. 07
Sharon Coxhead	Feb. 10
Nina Neiley	Feb. 10
Ellen Sargeant	Feb. 10
Florence Kneller	Feb. 11
Carol Wood	Feb. 11
Wilma Cook	Feb. 12
Paul Walters	Feb. 14
Judy Brewer	Feb. 14
Annalee Owen	Feb. 15
Phoebe Pickering	Feb. 16
Robert Kinner	Feb. 19
Gloria Mras	Feb. 22
Gamellia Scott	Feb. 23
Joyce Ives	Feb. 24
William Walker	Feb. 26
	Feb. 26



Birthday

Employees Celebrating February Birthdays

Betty Haas	Feb. 07
Trisha Pratt	Feb. 10
Lori Foust	Feb. 15
Ashley Pelton	Feb. 15
Cheri Frisbie	Feb. 17
Katherine Fives	Feb. 26
Ashley Voorhees	Feb. 26
Gale Benjamin	Feb. 28



In loving Memory of:

Mildred Smith	01/03/08
Vera Crandall	01/11/08
John Livezey	01/24/08
Alberta Cowan	01/26/08
John Orr	01/28/08
Robert Kinner	01/29/08
Geraldine Hewitt	01/30/08

WELCOME!

To The Bradford County Manor

Carol Wood	01/04/08
Richard Simmons	01/11/08
Ruth Rathbun	01/11/08
Eva Jenkins	01/15/08
Robert Kinner	01/16/08
Aletha Doan	01/17/08
Barbara Andrewlavage	01/28/08
Ronald Hibbard	01/28/08
Harvey Jacobson	01/29/08

Residents Who Were Discharged to Home

Adella Stevens	01/07/08
Vernon Robbins	01/23/08
Harold Brannaka	01/26/08
Ruth Rathbun	01/28/08

National Cherry Month

February is National Cherry Month. In honor of this we would like to share Sara Chaapel's prize winning recipe.

Pie Crust

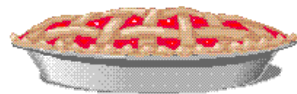
2 cups flour
3/4 cup shortening
1/2 tsp. salt
1/4 cup water

Cherry Pie

1/2 - 3/4 cup sugar *
3 Tbsp. cornstarch
1 Tbsp. Instant tapioca
2 cans red tart cherries
1/4 tsp. almond extract (optional)
1 Tbsp. butter or margarine
2 crusts for a 9 inch pie

Preheat oven to 400 degrees F. Drain the cherries and reserve the juice. In a saucepan, stir the cherry juice into the combined mixture of the cornstarch, tapioca and sugar. Cook over medium heat, stirring constantly until thickened. Remove from heat. Gently stir in cherries and almond extract. Pour filling into pastry lined pie pan. Dot with butter or margarine. Adjust crust, seal and vent. Bake 30-40 minutes or until crust browns and filling begins to bubble. If necessary, cover edges with aluminum foil during last 15 minutes to prevent over browning. Cool pie several hours to allow filling to thicken before slicing.

* Sugar may be increased to taste.



Resident Spotlight

John Reeser is our resident spotlight this month. He was raised on a farm in Wolf Hollow off Coryland Rd. One of John's memories was riding the horse drawn milk wagon to grade school in Col. Cross Rds. After school all the children would ride the "bus", which was a covered wagon, to their homes.

John married Hilda on August 31, 1941. Together they raised two children, Donna and Roger, and have seven grandchildren. Hunting, fishing and gardening were hobbies that John enjoyed.

John retired from Kennedy Value in Elmira after 25 years of service. John lived in Fassett with Hilda and their dog, Honey. He enjoyed his home and thought highly of his neighbors Howard Antes and Clyde Castle.

John enjoys sitting in the 3 West lounge. If you are in stop by for a visit or give John a wave as you walk by!



John Reeser

AMERICAN HEART MONTH

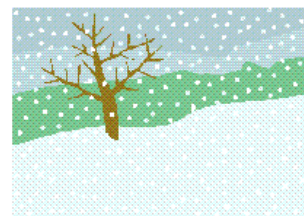
February is American Heart Month. Heart disease is the leading cause of death in the United States and is a major cause of disability. A healthy diet and life style are the best weapons you have to fight heart disease. Many people think it is harder than it is. It is important to remember that it is the overall pattern of the choices you make that counts. As you make daily food choices, base your eating pattern on these American Heart recommendations.

- * Choose lean meats and poultry without skin and prepare them without added saturated fat.
- * Select fat-free, 1% fat, and low-fat dairy products.
- * Cut back on foods containing partially hydrogenated vegetable oils to reduce trans fat.
- * Cut back on foods high in dietary cholesterol. Aim to eat less than 300 mg of cholesterol a day.
- * Cut back on beverages and foods with added sugars.
- * Choose and prepare foods with little or no salt. aim to eat less than 2,300 mg of sodium or less than 1,500 mg if you are in a higher risk group for high blood pressure.
- * If you drink alcohol, drink in moderation. That means no more than one drink per day for woman and two drinks per day if you're a man.
- * Follow the American Heart Association recommendation when you eat out and keep to your portion sizes.

Physical activity in your daily life is an important step to preventing heart disease. You can take simple steps at home, work or play to increase the amount of physical activity in your day.



As a reminder, please be careful whenever you walk in the cold weather! Also, remember to protect yourself when shoveling snow. Give yourself plenty of time and remember, there's no rule that you have to wait until the storm has passed before you start shoveling! Move it early and often, you get less stress and strain on the ole' bod and ticker that way!

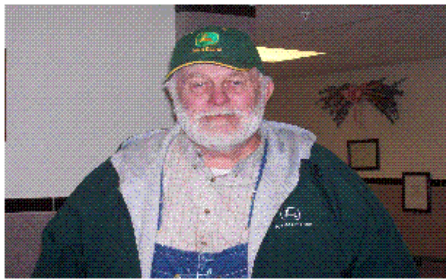


Memories

Lesa Sampson, Housekeeping/Laundry Director, started working at The Bradford County Manor in 1973 when she was 14 years old. She says that one of the reasons she chose to work here was seeing "Georgie" sitting outside and waving when she rode by on her bike. "He always seemed happy, so I thought The Manor would be a nice place to work." She help out where she was needed and knew she would be working in the garden when Mrs. Smith told her to wear her straw hat to work. Lesa recalls working with the residents in the huge garden, picking a lot of green beans and digging a lot of potatoes! One of the residents who was a retired school teacher, often helped Lesa with her homework and checked her spelling.



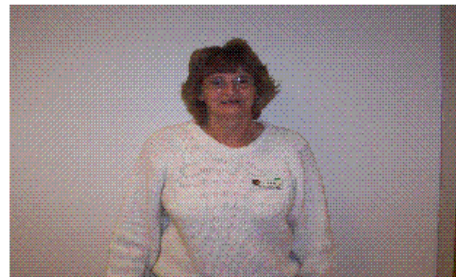
Lesa Sampson



George Blow

George Blow just happened to be visiting, and after striking up a conversation with him, I found out that he worked at The Bradford County Manor, also. In the early 1960's when he was 16 or 17 years old, he was the night watchman. He also helped out in the laundry and the kitchen where he remembers putting huge trays of potatoes into the oven. he was also responsible for keeping the furnace going. He recalls the chicken coop that was located across the road and "Georgie" waving to everyone who drove by. George also noted his mother, Florence, worked here as a nurse aide.

Connie Taylor, Assistant Director of Nursing, started working as an LPN at The Bradford County Manor in 1973. She remembers when there were "wards" instead of the semi-private and private rooms we have today. Connie notes how the facility is no longer run in an institutional manner. The focus is more individualized and our residents have more choices. The biggest change, however, is that the majority of the people are no longer long-term care residents. People are now returning home after completing their goals.



Connie Taylor

Employee Spotlight

The restorative program was implemented to restore and maintain mobility to the highest level and increase the quality of life. Our dedicated staff includes Restorative Aides: Denise Boyer, Rosemary Forrest, Joan Lattimer, Chris Barrett, Connie Taylor, RN, ADON, Restorative Supervisor, and Ann Delamater



The Bradford County

Manor

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